

## Resolution #07-03-06 Native Nutrition and Activity Evaluation

### NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

Burns-Paiute Tribe  
Chehalis Tribe  
Coeur d' Alene Tribe  
Colville Tribe  
Coos, Suislaw &  
Lower Umpqua Tribe  
Coquille Tribe  
Cow Creek Tribe  
Cowlitz Tribe  
Grand Ronde Tribe  
Hoh Tribe  
Jamestown S'Klallam Tribe  
Kalispel Tribe  
Klamath Tribe  
Kootenai Tribe  
Lower Elwha Tribe  
Lummi Tribe  
Makah Tribe  
Muckleshoot Tribe  
Nez Perce Tribe  
Nisqually Tribe  
Nooksack Tribe  
NW Band of Shoshoni Tribe  
Port Gamble S'Klallam Tribe  
Puyallup Tribe  
Quileute Tribe  
Quinalt Tribe  
Samish Indian Nation  
Sauk-Suiattle Tribe  
Shoalwater Bay Tribe  
Shoshone-Bannock Tribe  
Siletz Tribe  
Skokomish Tribe  
Snoqualmie Tribe  
Spokane Tribe  
Squaxin Island Tribe  
Stillaguamish Tribe  
Suquamish Tribe  
Swinomish Tribe  
Tulalip Tribe  
Umatilla Tribe  
Upper Skagit Tribe  
Warm Springs Tribe  
Yakama Nation

**WHEREAS**, the Northwest Portland Area Indian Health Board (NPAIHB) is a non-profit tribal organization that represents the forty-three federally recognized Indian tribes in Oregon, Washington, and Idaho on health related issues; and

**WHEREAS**, the NPAIHB is dedicated to assisting and promoting the health needs and concerns of Indian people; and

**WHEREAS**, the primary goal of NPAIHB is to improve the health and quality of life of its member tribes; and

**WHEREAS**, in furtherance of this goal in 1997, NPAIHB established the Northwest Tribal Epidemiology Center (*EpiCenter*) in an effort to improve the quality of American Indian and Alaska Native (AI/AN) epidemiology data; and

**WHEREAS**, the *EpiCenter* has gained national recognition for developing and implementing many useful and innovative projects to improve the health and quality of life of Northwest tribes and has served as a national model for other Indian Health Service (IHS) areas to emulate in establishing their *EpiCenter* programs; and

**WHEREAS**, the National Institutes of Health (NIH) has invited proposals via the R21 – NIH Exploratory/Developmental Research Program to increase the understanding of health disparities in chronic disease conditions; and

**WHEREAS**, heart disease is the leading cause of death for AI/ANs and for the US all races, and

**WHEREAS**, tribal members who participated in the BRFSS 2001 project indicated the following obesity problems: 8.7 % reported ever having heart disease, 10.0 % reported ever having a heart attack, and 6.8 % reported ever having a stroke, and

**WHEREAS**, the percentage of BRFSS respondents who reported being told by a health care provider that they had high blood pressure ranged from 21 – 32 % by tribe, and

**WHEREAS**, based on CDC data the prevalence of overweight and obesity among AI/AN adults living in the Northwest States is between 62 and 72%, which is higher than the national all races level: and

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**WHEREAS**, prevention of overweight and obesity can assist in reducing the incidence and prevalence of chronic diseases, such as cardiovascular disease and Type 2 diabetes; and

**WHEREAS**, tribes have expressed an interest in addressing overweight and obesity among tribal communities, which is consistent with the purpose of this funding initiative; and

**WHEREAS**, the goals of this initiative are consistent with the goals and objectives of both the Board and a successful proposal will provide an opportunity for Northwest Tribes to promote healthy behaviors at the community level.

**THEREFORE BE IT RESOLVED**, that the NPAIHB endorses and supports an effort by staff of the *EpiCenter*, under the guidance of the Executive Director, to submit a grant application to the NIH for the "Native Nutrition and Activity Evaluation" proposal to address cardiovascular disease obesity prevention in Northwest Tribes.

CERTIFICATION

NO. 07-03-06

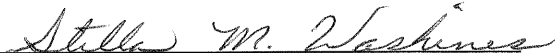
The foregoing resolution was duly adopted at the regular session of the Northwest Portland Area Indian Health Board. A quorum being present and voting; 24 for, 0 against, 0 abstain on April 19, 2007.



Chairman

April 19, 2007

Date



Secretary